

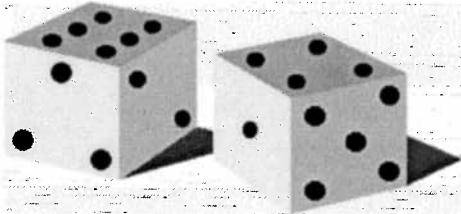
Pregnancy – Don't Take Chances?

Michigan Merit - Sexuality

7.2 Compare and contrast the pros and cons of methods used for pregnancy and disease prevention, including abstinence and use of contraception.

Michigan Merit - Sexuality

7.9 Apply decision-making skills to avoid situations that are high risk for pregnancy, HIV, and other STIs.



USE:

- Interactive communication regarding pregnancy prevention including the use of abstinence and methods of contraception.
- Examine use of contraception and how the actions of the user may change the effectiveness.
- Determine that abstinence will not put a person at risk for pregnancy, and that communicating regarding decisions is crucial for avoiding pregnancy.
- Used after a discussion of pregnancy risk and prevention strategies to enhance learning.

EQUIPMENT:

- Cardboard cylinders with metal bottoms (*Pringles* can work well)
- 30 pipe cleaners (soft)
- 12 – 15 hard candies (*Runts, Skittles, M&M,*) or small marbles

PREPARATION:

- Wrap cylinders with decorative paper/foil to cover label.
- Using an awl or wooden skewer, punch holes randomly around to top 2" of cardboard cylinder.
- Thread pipe cleaners from one side of can, across opening, and out the other side of the can, eventually covering the opening.
- Cut the strips, fold, and place into plastic eggs, or fold and place in a drawing container
- There is a commercial game called "Kerplunk" that is available for purchase to take the place of the making the containers described above.

Pregnancy – Don't Take Chances?

IMPLEMENTATION:

- Group students into 4 – 6 per table
- Place the container in the middle of the table
- Provide a container with “drawing strips” in plastic eggs
- Each person takes turns drawing an egg (or strip of paper from the drawing container)
- They should read the strip aloud to the group, and the group will determine if there is a risk of pregnancy.
- If risk is determined, the person must pull one of the pipe cleaners from the container.
- If a candy/marble drops to the bottom of the container (a noise will occur), the person has caused a pregnancy.
- The drawing container is then passed to the next person in the group, and the activity continues.
- If a pregnancy occurs, the person remains in the activity until all the drawing strips are gone.

Answer Key: ✓ The items where a pipe cleaner will be pulled to indicate risk

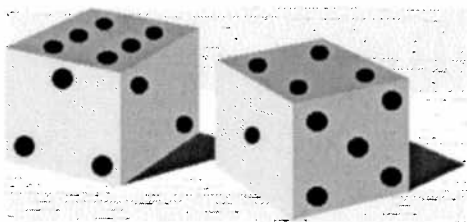
- ✓ You forget to take your birth control pill.
- ✓ You (or your partner) use an antibiotic and did not use a back up method of birth control.
- ✓ You and your partner use an expired condom.
- ✓ You opened the condom package with your teeth.
- ✓ You need lubricant for the condom and use petroleum jelly because it was available.
- ✓ You let your partner persuade you into not using a condom “just this once”.
- You use a water-based lubricant with a condom.

Pregnancy – Don't Take Chances?

- ✓ You (or your partner) have your period right now and believe that you cannot get pregnant.
- You are on a reliable form of birth control and use it correctly.
- You and your partner have talked about all of the risks involved with sex and decide you are not ready for that risk right now.
- ✓ You and you partner use the withdrawal -method of birth control.
- ✓ It is your first time having sex, and you do not think you can get pregnant, so you and your partner do not use a form of birth control.
- ✓ You decided to spend the night with your partner alone, while your parents are gone away.
- ✓ You did not change your patch on the right day.
- You abstain from sex.
- ✓ Last night, you and your partner choose not to use a condom.
- ✓ You and your friends have a competition at a party to see who can get the furthest with a girl/guy.
- You have decided to wait until marriage to have sex.
- You know how to use a condom.
- You have learned about several methods of pregnancy prevention in your sex education class.
- You understand how to say “no” when someone pressures you to have sex.
- ✓ You will do anything to get the attention of that hot guy/girl you met last week.
- ✓ You are the only virgin out of all of the your friends. You invite a girl/boy from you class over the night your parents are out.

Pregnancy – Don't Take Chances?

- You and your partner talked about sex and decided that you will wait until you are both ready.
- ✓ The condom breaks one night while you are having sex and you did not use a backup method.
- ✓ You got drunk one night, and woke up without remembering what you did.
- You remembered to take your pill at the same time every day.
- You and your partner used a condom correctly.
- ✓ You had a few too many drinks and decided to have sex with a friend.
- ✓ The patch doesn't stay on the entire week when you use it, but it's pretty close to a week.



Pregnancy....Don't Take Chances

Place the candy on top of the pipe cleaners

Take turns selecting a situation and reading
the message to the group.

Discuss with the group if the behavior is a
risk for pregnancy.

If the group decides it is not, pass situation
strips to the next person.

If your behavior would be a risk for
pregnancy, pull out a pipe cleaner.

If you hear candies drop to the bottom of the
can...YOUR ARE PREGNANT (Or caused
a pregnancy!)

You forget to take your birth control pill.

You (or your partner) use an antibiotic and did not use a back up method of birth control.

You and your partner use an expired condom.

You opened the condom package with your teeth.

You need lubricant for the condom and use petroleum jelly because it was available.

You let your partner persuade you into not using a condom “just this once”.

You use a water-based lubricant with a condom.

You (or your partner) have your period right now and believe that you cannot get pregnant.

You are on a reliable form of birth control and use it correctly.

You and your partner have talked about all of the risks involved with sex and decide you are not ready for that risk right now.

You and your partner use the withdrawal method of birth control.

It is your first time having sex, and you do not think you can get pregnant, so you and your partner do not use a form of birth control.

You decided to spend the night with your boyfriend/girlfriend alone, while your parents are gone away.

You did not change your patch on the right day.

You abstain from sex.

Last night, you and your partner choose not to use a condom.

You and your friends have a competition at a party to see who can get the furthest with a girl/guy.

You have decided to wait until marriage to have sex.

You know how to use a condom.

You have learned about several methods of pregnancy prevention in your sex education class.

You understand how to say “no” when someone pressures you to have sex.

You will do anything to get the attention of that guy/girl you met last week.

You are the only virgin out of all of the your friends. You invite a girl/boy from your class over the night your parents are out.

You and your boyfriend/girlfriend talked about sex and decided that you will wait until you are both ready.

The condom breaks one night while you are having sex and you did not use a backup method.

You got drunk one night, and woke up without remembering what you did.

You remembered to take your pill at the same time everyday.

You and your partner used a condom correctly.

You had a few too many drinks and decided to have sex with a friend.

The patch doesn't stay on the entire week when you use it, but it's pretty close to a week.